

SENIORS CLUBS & PAFAM – YEAR 2018

CLUB	MEETING VENUE	MEETING DAY (LUNCH)	PRESIDENT OF THE CLUB	MEETING DATES - YEAR 2018	
Kopernik	Copernicus Hall (Dom Kopernika) 260 Grand Junction Road, ATHOL PARK SA 5013	First Tuesday of the month 12.00pm	Wanda KOPLIN	January – doesn't meet February – doesn't meet March – 6 April – doesn't meet May – 1 June – 5	July – 3 August – 7 September – 4 October – doesn't meet November – 6 December – 4
Enfield Inc.	Copernicus Hall (Dom Kopernika) 260 Grand Junction Road, ATHOL PARK SA 5013	Second Tuesday of the month + outings 12.00pm	Maria MARUSARZ	January – doesn't meet February – 13 (Watermark Glenelg) March – 13 (Watermark Glenelg) April – 10 May – 8 June – 12 (Watermark Glenelg)	July – 10 August – 14 September – 11 October – 9 November – 13 December – 11
Adelaide	John Paul II Hall 85 Rosewater Terrace, OTTOWAY SA 5013	First Thursday of the month 12.00pm	Elzbieta STYS	January – 8 Monday ((Parafield Gardens Community Club) February – 1 March – 1 April – 5 May – 3 June – 7	July – 5 August – 2 September – 6 October – 4 November – 1 December – 6
Millennium	John Paul II Hall 85 Rosewater Terrace, OTTOWAY SA 5013	Third Thursday of the month 12.00pm	Henryk HADUBIAK	January – doesn't meet February – 15 March – 15 April – 19 May – 17 June – 21	July – 19 August – 16 September – 20 October – 18 November – 15 December – 20
Central Senior Club	Dom Polski Centre 232 Angas Street, ADELAIDE SA 5000	Third Tuesday of the month 12.00pm	Bola SZEN	January – doesn't meet February – 20 March – 20 April – 17 May – 15 June – 19	July – 17 August – 21 September – 18 October – 16 November – 20 December – 18
Ottoway (Imienia Świętego Jana Pawła II)	John Paul II Hall 85 Rosewater Terrace, OTTOWAY SA 5013	Last Tuesday of the month 12.00pm	Barbara ROJEWSKA	January – doesn't meet February – 27 March – 27 April – 24 May – 29 June – 26	July – 31 August – 28 September – 25 October – 30 November – 27 December – to be scheduled
Polish Salisbury Club	Jack Young Centre 1 Orange Avenue, SALISBURY SA 5108	Last Friday of the month at the JYC + meetings at the local restaurant and outings 10.00am – 2.00pm	Wanda SCHAFER	January – 19 February – 23 March – 23 (outing) April – 27 May – 25 June – 29	July – 27 August – 31 September – 28 October – 26 November – 30 December – 14 (outing - Watermark Hotel Glenelg)
Polish Australian Friends at Marion (PAFAM)	Cooinda Neighbourhood Centre 245 Sturt Road, STURT SA 5047	Meeting on Mondays (not every Monday) + outings 10.00 - 13.00	Please contact Zonia or Polish speaking Coordinator on: (08) 8375 6703	January – 29 February – 5, 19 March – 5, 19 April – 9, 23 May – 7, 21 June – 4, 18 Lunches dates are shown in red.	July – 2, 16, 30 August – 13, 27 September – 10, 24 October – 8, 22 November – 5, 19 December – 3, 10



POLISH ACTIVE SENIORS GROUPS (PAS GROUPS)

Funded by the Australian Government Department of Health. Visit the Department of Health website (www.health.gov.au) for more information.

GROUP	MEETING VENUE	MEETING DAY	CONTACTS	MEETING DATES - YEAR 2018
Movie Morning (Poranek Filmowy)	Copernicus Hall (Dom Kopernika) 260 Grand Junction Road, ATHOL PARK SA 5013	First Friday of the month 10.30am - 1.00pm	Please contact Polish Federation on: (08) 8232 1464	January – doesn't meet July – 6 February – 2 August – 3 March – 2 September – 7 April – 6 October – 5 May – 4 November – 2 June – 1 December – 7
Active Ageing I Active Ageing II	The Arch Paterson Community Centre 64 Blight Street, RIDLEYTON SA 5008	Active Ageing I Every Monday of the month 10.00am - 1.00pm Active Ageing II Every Tuesday of the month 2.30pm – 4.30pm	Please contact Polish Federation	In the year 2018, the group Active Ageing I won't meet on the following Mondays: 12 March, 2 April, 11 June and 1 October (Public Holidays) . First meeting in 2018 Active Ageing I: January 15 Active Ageing II: January 16 Last meeting in 2018 Active Ageing I: December 17 Active Ageing II: December 18
Reading Together (Czytamy Razem)	Copernicus Hall (Dom Kopernika) 260 Grand Junction Road, ATHOL PARK SA 013	First and second Tuesday of the month before lunches 10.30am - 12.30pm	Please contact Polish Federation	January – doesn't meet July – 3, 10 February – doesn't meet August – 7, 14 March – 6 September – 4, 11 April – 10 October – 9 May – 1, 8 November – 6, 13 June – 5 December – 4, 11
Easy English (Angielski dla Seniorów)	Dom Polski Centre 232 Angas Street, ADELAIDE SA 5000	Second and last Friday of the month 10.00am – 12.00pm	Please contact Polish Federation	January – doesn't meet July – 13, 27 February – 9, 23 August – 10, 31 March – 9 September – 14, 28 April – 13, 27 October – 12, 26 May – 11, 25 November – 9, 30 June – 8, 29 December – 14
Cooking Class (Gotujmy Razem)	Copernicus Hall (Dom Kopernika) 260 Grand Junction Road, ATHOL PARK SA 013	Last Thursday of the month 12.00pm – 3.00pm	Please contact Polish Federation	January – doesn't meet July – 26 February – 22 August – 30 March – doesn't meet September – 27 April – 26 October – 25 May – 31 November – 29 June – 28 December – doesn't meet
Swimming Group (Pływamy Razem)	The Parks Recreation and Sports Centre - YMCA 46 Cowan Street, ANGLE PARK SA 5010	First and thirds Saturday of the month 12.00pm – 1.00pm	Please contact Polish Federation	January – doesn't meet July – 7, 21 February – 3, 17 August – 4, 18 March – 3, 17 September – 1, 15 April – 7, 21 October – 6, 20 May – 5, 19 November – 3, 17 June – 2, 16 December – 1, 15



CARERS SUPPORT

Funded by the Australian Government Department of Social Services.
Visit the Department website (www.dss.gov.au) for more information.

GROUP	MEETING VENUE	MEETING DAY	CONTACTS	MEETING DATES - YEAR 2018	
Carers & Seniors Information Sessions (Sesje Informacyjne dla Opiekunów i Seniorów)	Copernicus Hall (Dom Kopernika) 260 Grand Junction Road, ATHOL PARK SA 5013	Second and last Wednesday of the month + outings 11.00am – 1.00pm	Please contact Polish Federation	January – 31 February – 14, 28 March – 14, 28 April – 11 May – 9, 30 June – 13, 27	July – 11, 25 August – 8, 29 September – 12, 26 October – 10, 31 November – 14, 28 December – 12

SOCIAL SUPPORT GROUPS

Funded by the Commonwealth of Australian Government (Department of Health).
Visit the Department of Health website (www.health.gov.au) for more information.

GROUP	MEETING VENUE	MEETING DAY	CONTACTS	MEETING DATES - YEAR 2018	
Social Support Groups (meeting at four different locations)	John Paul II Hall 85 Rosewater Terrace, OTTOWAY SA 5013	Meeting at 11am, before lunches organise by the Senior Club Adelaide (first Thursday of the month) and the Senior Club Millennium (third Thursday of the month)	Please contact Polish Federation on: (08) 8232 1464	Meetings at John Paul II Hall: January – doesn't meet July – 5, 9 February – 1, 15 August – 2, 16 March – 1, 15 September – 6, 20 April – 5, 19 October – 4, 18 May – 3, 17 November – 1, 15 June – 7, 21 December – 6, 20	
	Dom Polski Centre 232 Angas Street, ADELAIDE SA 5000	Meeting at 11am, before lunches organise by the Central Senior Club (thirds Tuesday of the month)		Meetings at Dom Polski Centre: January – doesn't meet July – 17 February – 20 August – 21 March – 20 September – 18 April – 17 October – 16 May – 15 November – 20 June – 19 December – 18	
	Copernicus Hall (Dom Kopernika) 260 Grand Junction Road, ATHOL PARK SA 5013	Meeting at 11am, before lunches organise by the Senior Club Kopernik (first Tuesday of the month)		Meetings at Dom Kopernika: January – doesn't meet July – 3 February – doesn't meet August – 7 March – 6 September – 4 April – doesn't meet October – doesn't meet May – 1 November – 6 June – 5 December – 4	
	Millennium Hall 1 Flint Street, ENFIELD SA 5085	Second Thursday of the month 10.00am – 1.00pm		Meetings at Millennium Hall: January – doesn't meet July – 12 February – 8 August – 9 March – 8 September – 13 April – 12 October – 11 May – 10 November – 8 June – 14 December – 13	

The schedule may be subject to changes.